PROGRESSION: 1.BEING ME IN MY WORLD (PSHE SMSC)





	YEAR 3 PLANNING	YEAR 4 PLANNING	YEAR 5 PLANNING	YEAR 6 PLANNING
THE CHILDREN WILL	YEAR 3	YEAR 4	YEAR 5	YEAR 6
	discuss new challenges to reach a goal and how to face them with appropriate positivity	explore being part of a team and how attitudes and actions affect / challenge the whole class	think and plan for the year ahead, set goals set in class and beyond as well as the challenges they may face	discuss their year ahead and learn to set goals and discuss their fears and worries about the future
	 be able to set a personal goal recognise self-worth identify personal strengths 	recognize a challenge and the feelings that come with that	 be able to identify what they value most about school identify hopes for the school year 	 know own wants and needs demonstrate attributes of a positive role-model
	 learn about the need for rules and how these relate to rights and responsibilities 	 learn about their school and its community, who all the different people are and what their roles are value each member of this community 	explore their rights and responsibilities as a member of their class, school, wider community and the country they live in	learn about the United Nations Convention on the Rights of the Child and that these are not met for all children worldwide
	Understand the rules in the classroom and why we have them	can make others feel valued and included	demonstrate empathy for people whose lives are different from their own	 be able to compare their life with the lives of those less fortunate demonstrate empathy and understanding towards others (globally)
	discuss democracy and link this to their own School Council, what its purpose is and how it works	 discuss democracy and link this to their own School Council, what its purpose is and how it works how does this relate to the wider world? 	 learn about democracy, how it benefits the school and how they can contribute towards it what are the positives and negatives of democracy? 	 talk about and demonstrate democracy, how it benefits the school and how they can contribute towards it recognise where democracy works / does not work globally
	be able to make my own positive choices	be able to help friends make positive choices	be able to help friends make positive choices beyond my class	take positive action to help others beyond the school environment
	work collaboratively and see things from other people's points of view	 learn about group work, the different roles people can have, how to make positive contributions, how to make collective decisions and how to deal with conflict 	learn about their own behaviour and its impact on a group	discuss their choices and actions and how these can have far reaching effects, locally and globally
	 be able to work collaboratively develop compassion and empathy for others 	be able to take on a role in a group discussion / task and contribute to the overall outcome	be able to work as part of a group, listening and contributing effectively	 be able to contribute towards a group task know what effective group work is

learn about different feelings and the ability to recognise these feelings in themselves and others	learn about considering other people's feelings	learn about their own behaviour in school and how to make changes consider how their actions impact on the feelings of others and how to reflect	learn about their own behaviour, how their choices can result in rewards/ consequences, how they feel about this and how they make others feel (in and beyond school)
recognise feelings of happiness, sadness, worry and fear in themselves and others	 know how to regulate my emotions can make others feel cared for and welcome identify the feelings associated with being included or excluded 	 consider their own actions and the effect they have on themselves and others know how to regulate my emotions 	 know how to regulate my emotions be able to make others feel welcomed and valued

Т	YEAR 3	YEAR 4	YEAR 5	YEAR 6		
AUGHT KNOWLEDGE	 Know what a personal goal is Understanding what a challenge is Understand that they are important 	 Understand that they belong to different groups and we are all important Recognise how to deal with failure 	 Know how to face new challenges positively Understand how to set personal goals 	 Know how to set goals for the year ahead Understand what fears and worries are in and beyond school 		
	Know that the class / school has a shared set of values	 Know their place in the school community and about the different roles in the school community value each person's role 	Understand the rights and responsibilities associated with being a citizen in the wider community and their country	Know about children's universal rights (United Nations Convention on the Rights of the Child)		
	Know why rules are needed and how these relate to choices and consequences	 Know what democracy is (applied to pupil voice in school) Know how groups work together to reach a consensus Know that having a voice and democracy benefits the school community 	Understand how to contribute towards the democratic process and how having a voice benefits the school and local community	 Understand how democracy and having a voice benefits the school community and how to contribute towards the democratic process Know how this can impact on the lives of children in other parts of the world 		
	Know that others may hold different views	Know how individual attitudes and actions make a difference to a class	Know that personal choices and views can affect others in school and locally	Know that personal choices and views can affect others locally and globally		
	Know that actions can affect others' feelings	Know that their own actions affect themselves and others in school	Know how an individual's behaviour can affect a group and the consequences of this (in school and beyond)	Understand that their own choices result in different consequences and rewards		
British Values related to: Democracy Mutual Respect Rule of Law Tolerance						
9 Protected Characteristics related to: Disability Race Religion Sex						