



Autumn

TERM 2023 Lunch Menu

Week 1
04/09/23, 25/09/23, 16/10/23,
13/11/23, 04/12/23

Week 2
11/09/23, 02/10/23, 30/10/23,
20/11/23, 11/12/23

Week 3
18/09/23, 09/10/23, 06/11/23,
27/11/23

Star Cuisine's ALLERGEN CODES

CE = Celery
C = Cereal
CR = Crustacean
E = Egg
F = Fish
L = Lupin
M = Milk
MO = Mollusc
MU = Mustard
N = Nut
P = Peanut
SE = Sesame
S = Soya
SU = Sulphur

Strawberry yoghurt and fresh fruit is available every day.
Wholemeal bread or white bread is available with every meal.
Vegan meals available on request.



MONDAY

ITALIAN MEATBALLS (C)

Pork & beef meatballs cooked in our own homemade tomato & basil sauce, served with long grain rice and vegetables.

V VEGETARIAN BALLS (C, S, SU)

Vegetarian balls, cooked in our own homemade tomato & basil sauce served with long grain rice and vegetables.

American Pancakes (C, E, M)



TUESDAY

CHEESY PASTA BAKE (CE, C, E, M, S, MU)
Penne pasta in a creamy cheddar cheese sauce served with salad sticks.

V VEGETABLE PASTA BAKE (CE, C, E, M, S, MU)
Penne pasta with roasted butternut squash & peppers in a creamy cheese sauce served with salad sticks.

Yoghurt (M)



WEDNESDAY

ROAST CHICKEN BREAST (C, E, M)
Chicken breast, served with homemade roasted potatoes, peas, carrots, Yorkshire pudding and gravy.

V ROASTED QUORN JOINT (C, E, M, S)

Roasted Quorn, served with homemade roasted potatoes, peas, carrots, Yorkshire pudding and gravy.

Mousse (M)

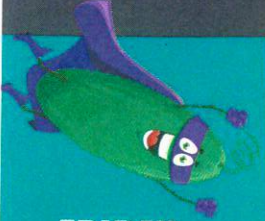


THURSDAY

OUR SIGNATURE BEEF LASAGNE (C, M, CE, E, MU, S)
Prime beef mince bolognese layered with creamy bechamel, lasagna pasta sheets and covered in mild cheddar cheese, served with salad.

V VEGETARIAN LASAGNE (C, M, CE, E, MU, S)
Fresh courgettes, aubergine, peppers to create our own ratatouille bolognese filling. Layered with creamy bechamel, lasagna pasta sheets and covered in mild cheddar cheese, served with salad.

Jelly (Contains Beef Gelatine)



FRIDAY

MARGHERITA DEEP BASE PIZZA (C, M)
Soft dough pizza base, topped with pizza tomato sauce and grated mild cheddar cheese. Served with salad of the day.

V MARGHERITA DEEP BASE PIZZA (C, M)
Soft dough pizza base, topped with pizza tomato sauce and grated mild cheddar cheese. Served with salad of the day.

Chocolate Brownie (C, E, M, S)

WEEK 1

WEEK 2

WEEK 3

COD FISH FINGERS (C, F)
Fish fingers coated in breadcrumb. Served with potato wedges and baked beans.

V VEGETABLE FINGERS (C)

Served with potato wedges and baked beans.

American Pancakes (C, E, M)

SPAGHETTI BOLOGNAISE (C)

Beef steak mince cooked in our homemade bolognese sauce served with fresh salad sticks.

V QUORN BOLOGNAISE (C, E)

Quorn Mince cooked in our homemade bolognese sauce served with fresh salad sticks.

Yoghurt (M)

ROAST LOIN OF PORK (C, E, M)

Roasted loin of pork served with homemade roasted potatoes, peas, carrots, Yorkshire pudding and gravy.

V QUORN CHICKEN PIECES (C, E, M, S)

Roasted Quorn pieces served with homemade roasted potatoes, peas, carrots, Yorkshire pudding and gravy.

Mousse (M)

PORK CHIPOLATA SAUSAGES (C, M, SU)
Our butcher's chipolata sausages served with potato wedges and baked beans

V VEGETARIAN SAUSAGES (C, S, SU)

Served with potato wedges and baked beans

Jelly (Contains Beef Gelatine)

MARGHERITA DEEP BASE PIZZA (C, M)

Soft dough pizza base, topped with pizza tomato sauce and grated mild cheddar cheese. Served with salad of the day.

V MARGHERITA DEEP BASE PIZZA (C, M)
Soft dough pizza base, topped with pizza tomato sauce and grated mild cheddar cheese. Served with salad of the day.

Chocolate Brownie (C, E, M, S)

TEXAN STEAK MINCE (E, SU, C)
In a mild tomato sauce, served with rice and crunch vegetable sticks

V TEXAN VEGETARIAN MINCE (E, SU)
In a mild tomato sauce, served with rice and crunch vegetable sticks

American Pancakes (C, E, M)

CHICKEN, CHEESE & TOMATO PASTA BAKE (CE, C, E, M, S, MU)

Penne pasta in a creamy cheddar cheese sauce served with salad.

V VEGETABLE PASTA BAKE (CE, C, E, M, S, MU)
Penne pasta with roasted butternut squash & peppers in a creamy cheese sauce served with salad.

Yoghurt (M)

ROASTED GAMMON (C, E, M, SU)

Butchers gammon joint. Served with homemade roast potatoes, peas, carrots, Yorkshire pudding and gravy.

V ROASTED VEGETARIAN SAUSAGES (C, E, M, S)
Linda McCartney sausages. Served with homemade roast potatoes, peas, carrots, Yorkshire pudding and gravy.

Mousse (M)

FISH CAKES (C, F, M, MU)

Crumbed fish cake served with homemade roasted potato wedges and baked beans.

V VEGETABLE CAKE (C, MU)

Mixed vegetable patty, coated in golden breadcrumbs served with homemade roasted potato wedges and baked beans.

Jelly (Contains Beef Gelatine)

MARGHERITA DEEP BASE PIZZA (C, M)

Soft dough pizza base, topped with pizza tomato sauce and grated mild cheddar cheese. Served with salad of the day.

V MARGHERITA DEEP BASE PIZZA (C, M)
Soft dough pizza base, topped with pizza tomato sauce and grated mild cheddar cheese. Served with salad of the day.

Chocolate Brownie (C, E, M, S)