



Ocean's Aspire

ACTIVITY SLIDES





SELF WORTH

1. Write a letter to yourself about what you have achieved in Ocean Academy

2. Cook a meal

3. Teach someone something

4. Take up a new hobby

5. Learn a new life skill (baking, cleaning, sewing, bike maintenance, budgeting etc)

6. Write a book review

7. Research a personal hero and create a fact file about them

8. Raise money for charity

9. Complete an activity you set for yourself that demonstrates self-worth

10. Complete an activity you set for yourself that demonstrates self-worth





ENGAGEMENT

1. Volunteer (in school or out)
2. Research and create a presentation about a job which interests you
3. Create your own learning journey map about a topic which interests you
4. Join a club (in school or out)
5. Deliver a class assembly about a topic of your choice
6. Visit a 'place of interest' (museum, theatre, nature reserve etc)
7. Design a workout for your class to complete
8. Try out an activity designed to improve mental health eg.yoga, meditation, colouring, physical exercise
9. Complete an activity you set for yourself that demonstrates engagement
10. Complete an activity you set for yourself that demonstrates engagement





PURPOSE

1. Write a thank you letter to someone who has helped you
2. Be in the golden book and receive a learning leader certificate
3. Take part in a school competition (Christmas Poetry, Intra-club etc)
4. Design your own science investigation
5. Become a 'Rock Legend' on TTRockstars
6. Earn an award from outside of school (Library Summer Reading Challenge, Blue Peter Badges, sporting fixtures, swimming etc.)
7. Apply for a leadership role in school (MP, Eco-Warrior, Digital Leader, Sports leader)
8. Complete a litter pick around the school
9. Complete an activity you set for yourself that demonstrates purpose
10. Complete an activity you set for yourself that demonstrates purpose



SELF WORTH

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ENGAGEMENT

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PURPOSE

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