

Autumn 2021 Lunch Menu



Star Cuisine

Week 1 06/09/21, 27/09/21, 18/10/21, 08/11/21, 29/11/21

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Open Beef Burger</p> <p>Beef burger with white half bun. Served with tomato ketchup, salad sticks and seasoned potato wedges</p>	<p>Mild Chicken Curry</p> <p>Diced chicken breast in a home made mild curry sauce. Served with mixed long grain rice & vegetables.</p>	<p>Roast Pork</p> <p>Roast loin of pork, served with home made roast potatoes, carrots, peas, Yorkshire pudding & rich gravy</p>	<p>Spaghetti Bolognese</p> <p>Quality steak mince, fresh garlic, mixed diced peppers, mixed Italian herbs & chopped tomatoes to create our own special bolognese sauce. Served with long spaghetti pasta & salad.</p>	<p>Roast Chicken</p> <p>Roast chicken, served with parmentier potatoes, vegetables, Yorkshire pudding & chicken gravy</p>
<p>Mixed Vegetable Pattie</p> <p>Pattie with white half bun. Served with tomato ketchup, salad sticks and seasoned potato wedges</p>	<p>Mild Vegetable Curry</p> <p>Green lentils, chick pea & butternut squash in our home made mild curry sauce. Served with mixed long grain rice & vegetables.</p>	<p>Vegetarian Sausages</p> <p>Quality vegetarian sausages served with home made roast potatoes, carrots, peas, Yorkshire pudding & vegetarian gravy</p>	<p>Spaghetti Quorn Bolognese</p> <p>Quality quorn mince, fresh garlic, mixed diced peppers, mixed Italian herbs & chopped tomatoes to create our own special bolognese sauce. Served with long spaghetti pasta & salad.</p>	<p>Roast Quorn Joint</p> <p>Roast Quorn joint, served with parmentier potatoes, vegetables, Yorkshire pudding & vegetarian gravy</p>
<p>Mousse of the day</p> <p>Delicious creamy mousse</p>	<p>Fruit Jelly</p> <p>Fresh and fruity</p>	<p>Flap Jack</p> <p>With Raisins</p>	<p>Fruit Salad</p> <p>With Yoghurt</p>	<p>Lemon Drizzle Muffin</p> <p>With peaches</p>



Strawberry yoghurt is available every day. Fresh fruit is available every day.
White & wholemeal bread is served with every meal. Vegan meals available on request.

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Star Cuisine

Week 2 13/09/21, 04/10/21, 15/11/21, 06/12/21

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Fillet Cod Fish Fingers</p> <p>Coated in bread crumbs. Served with potato wedges, peas and sweetcorn</p>	<p>Chicken Casserole</p> <p>Chicken pieces in our home made vegetable & tomato sauce served with mixed rice and vegetables</p>	<p>Roast Chicken</p> <p>Roast chicken, served with home made roast potatoes, carrots, peas, Yorkshire pudding & chicken gravy</p>	<p>Beef Lasagne</p> <p>Lasagne pasta sheets layered with our own special bolognese sauce, topped with bechamel & mild cheddar cheese. Served with fresh green salad</p>	<p>Sausage & Mash</p> <p>Butchers special pork sausages, served with our own creamy mash, vegetables & gravy</p>
<p>Vegetarian Fingers</p> <p>Vegetarian fingers served with potato wedges, peas and sweetcorn</p>	<p>Green Lentils & Country Vegetable Casserole</p> <p>Green lentils and vegetables in a tomato and vegetarian gravy sauce. Served with mixed rice and vegetables</p>	<p>Roast Quorn Joint</p> <p>Roast Quorn joint, served with home made roast potatoes, carrots, peas, Yorkshire pudding & vegetarian gravy</p>	<p>Quorn Lasagne</p> <p>Lasagne pasta sheets layered with our own special quorn sauce, topped with bechamel & mild cheddar cheese. Served with fresh green salad.</p>	<p>Vegetarian Sausage & Mash</p> <p>Vegetarian sausages, served with our own creamy mash, vegetables & vegetarian gravy</p>
<p>Fruit Salad</p> <p>With yoghurt</p>	<p>Dorset Apple Cake</p> <p>With custard</p>	<p>Cornflake Slice</p> <p>With raisins</p>	<p>Fruit Jelly</p>	<p>Chocolate Fudge Brownie</p> <p>With pears</p>



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Week 3 20/09/21, 11/10/21, 01/11/21, 22/11/21, 13/12/21

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Italian Meatballs</p> <p>Quality pork and beef meatballs created in our own home made tomato, fresh garlic & mixed herbs sauce. Served with penne pasta & vegetables</p>	<p>Bolognese with Rice</p> <p>Quality steak mince, fresh garlic, mixed diced peppers, mixed Italian herb & chopped tomatoes in our own special bolognese sauce. Served over rice with fresh green salad</p>	<p>Roast Gammon</p> <p>Butchers gammon joint served with home made roast potatoes, carrots, peas, Yorkshire pudding & gravy</p>	<p>Macaroni Cheese</p> <p>Short macaroni pasta in a creamy mild cheddar cheese. Served with garlic bread & salad</p>	<p>Fish Cakes</p> <p>Flakes of salmon & potato, seasoned with parsley, all coated in golden bread crumbs. Served with sauteed potatoes, baked beans & peas</p>
<p>Plant based Meatballs</p> <p>Quality plant based meatballs created in our own home made tomato, fresh garlic & mixed herbs sauce. Served with penne pasta & vegetables</p>	<p>Ratatouille with Rice</p> <p>Ratatouille & lentil, fresh garlic, mixed diced peppers, mixed Italian herb & chopped tomatoes in our own special bolognese sauce. Served over rice with fresh green salad</p>	<p>Roast Quorn Sausages</p> <p>Quorn sausages served with home made roast potatoes, carrots, peas, Yorkshire pudding & vegetarian gravy</p>	<p>Cheese & Bean Jacket Potato</p> <p>Cheesy baked beans jacket potato. Served with Salad</p>	<p>Bean Cakes</p> <p>Mixed 5 bean salad with herbed potato & seasoning. Coated in golden bread crumbs. Freshly made by our chefs. Served with sauteed potatoes, baked beans & peas</p>
<p>American Pancakes</p> <p>& sliced apples</p>	<p>Jam Sponge</p> <p>& Custard</p>	<p>Rice Krispies Slice</p> <p>With raisins</p>	<p>Fruit Salad</p> <p>With yoghurt</p>	<p>Marble Sponge</p> <p>with sliced peaches</p>



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