

Year	Autumn 1 BELONGING	Autumn 2 LEADERSHIP AND RESPONSIBILITY	Spring 1 CURIOSITY AND CREATIVITY	Spring 2 HEROES	Summer 1 SPIRIT OF ADVENTURE	Summer 2 FUN AND EXCITEMENT
	THE ENVIRONMENT = being a global citizen					
FUN AND EXCITEMENT AND A SENSE OF ACCOMPLISHMENT						
3	<p>Jigsaw 'Being Me in My World'</p> <ul style="list-style-type: none"> *I recognise my worth and can identify positive things about myself and my achievements. * I can set personal goals. * I can face new challenges positively, make responsible choices and ask for help when I need it. *I understand why rules are needed and how they relate to rights and responsibilities. *I understand that my actions affect myself and others and I care about other people's feelings. * I can make responsible choices and take action. * I understand my actions affect others and try to see things from their points of view. 	<p>Jigsaw 'Celebrating Difference'</p> <ul style="list-style-type: none"> *I understand that everybody's family is different and important to them. * I understand that differences and conflicts sometimes happen among family members. *I know what it means to be a witness to bullying * I know that witnesses can make the situation better or worse by what they do. * I recognise that some words are used in hurtful ways. *I can tell you about a time when my words affected someone's feelings and what the consequences were. 	<p>Jigsaw 'Dreams and Goals'</p> <ul style="list-style-type: none"> *I can tell you about a person who has faced difficult challenges and achieved success. * I can identify a dream/ambition that is important to me. * I enjoy facing new learning challenges and working out the best ways for me to achieve them. * I am motivated and enthusiastic about achieving our new challenges. * I can recognise obstacles which might hinder my achievement and can take steps to overcome them. * I can evaluate my own learning process and identify how it can be better next time. 	<p>Jigsaw 'Healthy Me'</p> <ul style="list-style-type: none"> *I understand how exercise affects my body and know why my heart and lungs are such important organs. *I understand how exercise affects my body and know why my heart and lungs are such important organs *I can tell you my knowledge and attitude towards drugs. *I can identify things, people and places that I need to keep safe from, and can tell you some strategies for keeping myself safe including who to go to for help. *I understand that, like medicines, some household substances can be harmful if not used correctly. *I understand how complex my body is and how important it is to take care of it. 	<p>Jigsaw 'Relationships'</p> <ul style="list-style-type: none"> *I can identify the roles and responsibilities of each member of my family and can reflect on the expectations for males and females. *I can identify and put into practice some of the skills of friendship e.g. taking turns, being a good listener. * I know and can use some strategies for keeping myself safe. * I can explain how some of the actions and work of people around the world help and influence my life. * I understand how my needs and rights are shared by children around the world and can identify how our lives may be different. *I know how to express my appreciation to my friends and family. 	<p>Jigsaw 'Changing Me'</p> <ul style="list-style-type: none"> *I understand that in animals and humans' lots of changes happen between conception and growing up and that usually it is the female who has the baby. * I understand how babies grow and develop in the mothers' uterus. * I understand what a baby needs to live and grow. * I understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies. *I can identify how boys' and girls' bodies change on the outside during this growing process. * I can identify how boys' and girls' bodies change on the inside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up. I can start to recognise stereotypical ideas I might have about parenting and family roles. *I can identify what I am looking forward to when I am in year 4.
4	<p>Jigsaw 'Being Me in My World' Change and Resilience, Class Roles and rules, Good and Bad choices, Classroom routines, Belonging</p>	<p>Jigsaw 'Celebrating Difference'</p> <ul style="list-style-type: none"> *I understand that, sometimes, we make assumptions based on what people look like. 	<p>Jigsaw 'Dreams and Goals'</p> <ul style="list-style-type: none"> *I can tell you about some of my hopes and dreams. * I understand that sometimes hopes and dreams 	<p>Jigsaw 'Healthy Me'</p> <ul style="list-style-type: none"> *I can recognise how different friendship groups are formed, how I fit into them and the friends I value the most. 	<p>Jigsaw 'Relationships'</p> <ul style="list-style-type: none"> *I can identify the web of relationships that I am part of, starting from those closest to me and including those more distant. 	<p>Jigsaw 'Changing Me'</p> <ul style="list-style-type: none"> *I understand that some of my personal characteristics have come from my birth parents and that this happens because I am made from the

		<p>*I know that sometimes bullying is hard to spot and I know what to do if I think it is going on but I'm not sure</p> <p>*I can tell you why witnesses sometimes join in with bullying and sometimes don't tell.</p> <p>*I can identify what is special about me and value the ways in which I am unique.</p> <p>*I can tell you a time when my first impression of someone changed when I got to know them.</p>	<p>do not come true and that this can hurt.</p> <p>* I know that reflecting on positive and happy experiences can help me to counteract disappointment.</p> <p>* I know how to make a new plan and set new goals even if I have been disappointed.</p> <p>* I know how to work out the steps to take to achieve a goal, and can do this successfully as part of a group.</p> <p>* I can identify the contributions made by myself and others to the groups achievement.</p>	<p>*I can recognise the changing dynamics between people in different groups, see who takes on which role e.g. leader, follower and understand the roles I take on in different situations.</p> <p>*I understand the facts about smoking and its effects on health, and also some of the reasons some people start to smoke.</p> <p>*I understand the facts about alcohol and its effects on health, particularly the liver, and also some of the reasons some people drink alcohol.</p> <p>*I can recognise when people are putting me under pressure and can explain ways to resist this when I want.</p> <p>*I know myself well enough to have a clear picture of what I believe is right and wrong.</p>	<p>*I can identify someone I love and can express why they are special to me.</p> <p>* I can tell you about someone I know that I no longer see.</p> <p>* I can explain different points of view on an animal rights issue.</p> <p>* I understand how people feel when they love a special pet.</p> <p>* I know how to show love and appreciation to the people and animals who are special to me.</p>	<p>joining of their egg and sperm.</p> <p>*I can correctly label the internal parts of the male and female bodies that are necessary for making a baby.</p> <p>*I can describe how a girl's body changes in order for her to be able to have babies when she is an adult and that menstruation (having periods) is a natural part of this.</p> <p>*I know how the circle of change works and can apply it to changes I want to make in my life.</p> <p>*I can identify changes that have been and may continue to be outside of my control that I learnt to accept.</p> <p>*I can identify what I am looking forward to when I am in year 5.</p>
<p>5</p>	<p>Jigsaw 'Being Me in My World'</p> <p>*I can face new challenges positively and know how to set personal goals.</p> <p>*I understand my rights and responsibilities as a British Citizen.</p> <p>*I understand my rights and responsibilities as a British Citizen and as a member of my school.</p> <p>*I can make choices about my own behaviour because I understand how rewards and consequences feel.</p> <p>*I understand how an individual's behaviour can impact on a group.</p> <p>*I understand how democracy and having a voice benefits the school community and know how to participate in this.</p>	<p>Jigsaw 'Celebrating Difference'</p> <p>*I understand that cultural differences sometimes cause conflict.</p> <p>*I understand what racism is.</p> <p>*I understand how rumour-spreading and name calling can be bullying behaviour.</p> <p>*I can explain the difference between direct and indirect types of bullying.</p> <p>*I can compare my life with people in the developing world.</p> <p>*I can enjoy the experience of a culture other than my own.</p>	<p>Jigsaw 'Dreams and Goals'</p> <p>*I understand that I will need money to help me achieve some of my dreams.</p> <p>*I know about a range of jobs carried out by people I know and have explored how much people earn in different jobs.</p> <p>*I can identify a job I would like to do when I grow up and understand what motivates me and what I need to do to achieve it.</p> <p>*I can describe the dreams and goals of young people in a culture different to mine.</p> <p>* I understand that communicating with someone in a different culture means we can learn from each other and I can identify a range of ways that we could support each other.</p> <p>*I can encourage my peers to support young people here and abroad to meet their aspirations and suggest ways we might do this e.g. through sponsorship.</p>	<p>Jigsaw 'Healthy Me'</p> <p>*I know the health risks of smoking and can tell you how tobacco affects the lungs, liver and heart.</p> <p>* I know some of the risks with misusing alcohol, including anti-social behaviour and how it affects the liver and heart.</p> <p>*I know and can put into practice basic emergency aid procedures (including recovery position) and know how to get help in emergency situations.</p> <p>*I understand how the media and celebrity culture promotes certain body types</p> <p>*I can describe different roles food can play in people's lives and can explain how people can develop eating problems (disorders) relating to body image pressures.</p> <p>* I know what makes a healthy lifestyle including healthy eating and the</p>	<p>Jigsaw 'Relationships'</p> <p>*I have an accurate picture of who I am as a person in terms of my characteristics and personal qualities.</p> <p>*I can recognise how friendships change, know how to make new friends and how to manage when I fall out with my friends</p> <p>*I understand how it feels to be attracted to someone and what having a boyfriend/girlfriend might mean.</p> <p>*I understand how to stay safe when using technology to communicate with my friends.</p>	<p>Jigsaw 'Changing Me'</p> <p>*I am aware of my own self-image and how my body image fits into that.</p> <p>* I can explain how a girl's body changes during puberty and understand the importance of looking after yourself physically and emotionally.</p> <p>I can describe how boys' and girls' bodies change during puberty.</p> <p>*I understand that sexual intercourse can lead to conception and that is how babies are usually made.</p> <p>*I also understand that sometimes people need IVF to help them have a baby.</p> <p>*I can identify what I am looking forward to about becoming a teenager and understand this brings growing responsibility (age of consent)</p> <p>*I can identify what I am looking forward to when I am in year 6.</p>

				choices I need to make to be healthy and happy.		
6	<p>Jigsaw 'Being Me in My World'</p> <ul style="list-style-type: none"> *I can identify my goals for this year, understand my fears and worries about the future and know how to express them. *I know that there are universal rights for all children but for many children these rights are not met. *I understand that my actions affect other people locally and globally. *I can make choices about my own behaviour because I understand how rewards and consequences feel and I understand how these relate to my rights and responsibilities. *I understand how an individual's behaviour can impact on a group. *I understand how democracy and having a voice benefits the school community. 	<p>Jigsaw 'Celebrating Difference'</p> <ul style="list-style-type: none"> *I understand there are different perceptions about what normal means. *I understand how having a disability could affect someone's life * I can explain some of the ways in which one person or a group can have power over another. *I know some of the reasons why people use bullying behaviours. *I can give examples of people with disabilities who lead amazing lives. *I can explain ways in which difference can be a source of conflict and a cause for celebration. 	<p>Jigsaw 'Dreams and Goals'</p> <ul style="list-style-type: none"> *I know my learning strengths and can set challenging but realistic goals for myself. *I can work out the learning steps I need to take to reach my goal and understand how to motivate myself to work on these. *I can identify problems in the world that concern me and talk to people about them. *I can work with other people to help make the world a better place. *I can describe some ways in which I can work with other people to help make the world a better place. *I know what some people in my class like or admire about me and can accept their praise. 	<p>Jigsaw 'Healthy Me'</p> <ul style="list-style-type: none"> *I know the impact of food on the body EG creating energy, giving comfort *I know about different types of drugs and their uses and their effects on the body particular the liver and heart. *I can evaluate when alcohol is being used responsibly, anti-socially or being mis-used. *I know and can put into practice basic emergency aid procedures and know how to get help in emergency situations. *I understand what it means to be emotionally well and can explore people's attitudes towards mental health/illness. *I can recognise when I feel stressed and the triggers that cause this and I understand how stress can cause alcohol misuse. 	<p>Jigsaw 'Relationships'</p> <ul style="list-style-type: none"> *I can identify the most significant people to be in my life so far. *I know some of the feelings we can have when someone dies or leaves. *I understand that there are different stages of grief and that there are different types of loss that cause people to grieve. *I can recognise when people are trying to gain power or control. *I understand how technology can be used to gain power or control and I can use strategies to prevent this from happening. *I can use technology positively and safely to communicate with my friends and family. 	<p>Jigsaw 'Changing Me'</p> <ul style="list-style-type: none"> *I am aware of my own self-image and how my body image fits into that. *I can explain how girls' and boys' bodies change during puberty and understand the importance of looking after yourself physically and emotionally. *I can ask the questions I need answered about changes during puberty. *I can describe how a baby develops from conception through the nine months of pregnancy and how it is born. *I understand how being physically attracted to someone changes the nature of the relationship. *I can identify what I am looking forward to and what worries me about the transition to secondary school.
Safety focus (ongoing throughout the year)	<p>Personal safety Bullying Pants</p>	<p>Anti bullying Fire safety, Stanger danger, firework night Road safety Disabilities</p>	<p>Safe risks when tackling new challenges. Relationships in the wider world</p>	<p>E-Safety Drug, medicine, alcohol safety, Personal hygiene Mental health awareness</p>	<p>E-Safety Relationships/Abusive relationships Personal safety</p>	<p>RNLI – beach safety Sex and relationship Personal hygiene</p>
Festivals /Historical events	<p>Harvest Festival Halloween/ All saints Day Black history month</p>	<p>Guy Fawkes Children in need Rememberence Sunday State opening parliament Diwali St.Andrews day Christmas</p>	<p>Chinese New Year Burns Night St.Valentines Mardi Gras Shrove Tuesday Ash Wednesday</p>	<p>Comic /sports relief St.Patricks day St.Davids day Mothering Sunday Passover (Judaism) Holi (Hindu) Purim (Judaism) Vaisakhi (Sikh) St.George's Day Holy week</p>	<p>May Day Wesak (Buddhist) Pentacost (Christian)</p>	<p>Queen's Birthday Fathers day Ramadam/Eid al-Fitr (Islam)</p>

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